

BIOTIN 5,000 MCG

DB-359



Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	%DV
Biotin (as d-Biotin)	5,000 mcg	16,667%
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	222 mg	17%

**Daily Value (DV) not established.

Other Ingredients: Gelatin, vegetable magnesium stearate, and silica.

MOQ: 500

Suggested Use: Take 1 capsule daily preferably with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

PRODUCT DESCRIPTION

Biotin, also known as vitamin H, is one of the B complex vitamins that helps convert food into energy. Biotin supports the health of one's hair, skin, and eyes and plays a valuable role in other body functions and pregnancy. Biotin can be found in egg yolk, nuts, and mushrooms.†



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.