

MAGNESIUM 500 MG

DB-214



Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	%DV
Magnesium (as magnesium oxide / citrate)	500 mg	119%

**Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, vegetable cellulose, vegetable magnesium stearate, and silicon dioxide.

MOQ: 600

Suggested Use: Take 1 capsule 1-2 times daily preferably with a meal or as directed by a healthcare professional.

Caution: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

PRODUCT DESCRIPTION

Magnesium is an essential mineral as it is involved in over 300 metabolic reactions in the body. Because so few people are able to meet their daily magnesium requirements, many supplement in order to support their overall health and body's natural functions. Supplementing with magnesium helps your body through supporting energy production, blood pressure levels, nerve signal transmissions, and muscle contractions.†



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.