

PSYLLIUM HUSK

500 MG

DB-346



Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	%DV
Psyllium Husk (<i>Plantago ovata</i>) (seed husk)	500 mg	**

**Daily Value (DV) not established.

Other Ingredients: Gelatin, microcrystalline cellulose, vegetable stearic acid, magnesium stearate, and silica.

MOQ: 500

Suggested Use: FOR OCCASIONAL USE ONLY: Take 1 capsule 1-6 times daily with 8 ounces of water or as directed by a healthcare professional.

Caution: Do not exceed recommended dose. This product should be consumed with at least a full glass of liquid. Consuming this without enough liquid may cause choking. Do not consume this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Read and follow directions carefully. This product is not intended for pregnant or nursing mothers or children under 18. Do not use this product if you have abdominal pain, diarrhea or loose stools. Rectal bleeding, abdominal cramping, and/or failure to have a bowel movement after the use of a laxative formula may be an indication of a more serious condition. Should this occur, or if you have a known medical condition and are taking medication, consult your physician prior to taking this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL DRY PLACE.

PRODUCT DESCRIPTION

Psyllium husk is commonly known for providing natural digestive and eliminatory support, however, research shows that psyllium benefits many areas of the body including the heart and pancreas.†



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.