



Certificate of Analysis

Product Name:	Stress Rest	Lot Number:	63927-1
Manufacture Date:	08/2022	Expiration Date:	08/2024
Form:	Tablet	Shape:	Oval
Coating Color:	Clear	Tablet Color:	Yellowish with specks
Average Weight:	1330 mg $\pm$ 10%	Disintegration:	NMT 30 min
Bottle Size:	200 cc	Bottle Color:	White
Lid Size:	38 mm	Lid Color:	White
Shrink:	67 mm Translucent	Count per Unit:	90 tablets

LABEL CLAIM SPECIFICATIONS

Active Ingredient	Label Claim Per tablet	Specification per tablet ($\geq 90\%$)	% Found*
Vitamin C (as ascorbic acid)	166.667 mg	≥ 150 mg	100%
Thiamin (as thiamine HCl)	25.00 mg	≥ 22.5 mg	100%
Riboflavin	25.00 mg	≥ 22.5 mg	100%
Niacin (as niacinamide)	16.667 mg	≥ 15 mg	100%
Vitamin B6 (as pyridoxine HCl)	25.00 mg	≥ 22.5 mg	100%
Folate	56.667 mcg DFE (33.333 mcg folic acid)	≥ 30 mcg folic acid	100%
Vitamin B12 (as cyanocobalamin)	20.00 mcg	≥ 18 mg	100%
Biotin	20.00 mcg	≥ 18 mg	100%
Pantothenic Acid (as d-calcium pantothenate)	16.667 mg	≥ 15 mg	100%
Choline (as choline bitartrate)	6.667 mg	≥ 6 mg	100%
Calcium (from calcium carbonate)	200.00 mg	≥ 180 mg	100%
Magnesium (as magnesium oxide)	100.00 mg	≥ 90 mg	100%
Inositol	16.667 mg	≥ 15 mg	100%
PABA (para-Aminobenzoic acid)	16.667 mg	≥ 15 mg	100%
Hops Strobiles Powder	25.00 mg	≥ 22.5 mg	100%
Chamomile Flower Powder	25.00 mg	≥ 22.5 mg	100%
Valerian Root Powder	25.00 mg	≥ 22.5 mg	100%
Passionflower Powder (aerial parts)	25.00 mg	≥ 22.5 mg	100%
Other Ingredients: Vegetable stearic acid, microcrystalline cellulose, croscarmellose sodium, aqueous film coating (purified water, hydroxypropyl methylcellulose, and vegetable glycerin), vegetable magnesium stearate, silicon dioxide, and French vanilla bean.			

*Based on Input

MICROORGANISM TEST RESULTS

Test	Specification	Method	Result
Total Aerobic Plate Count	$<10^7$ cfu/g	USP <2021>	PASS
Yeast and Mold	$<10^5$ cfu/g	USP <2021>	PASS
Enterobacteriaceae	$<10^4$ cfu/g	USP <2021>	PASS
Escherichia coli	Negative	USP <2022>	PASS
Salmonella spp.	Negative	USP <2022>	PASS
Staphylococcus aureus	Negative	USP <2022>	PASS



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HEAVY METALS TEST RESULTS

Test	Specification	Method	Result
Cadmium	<4.1 mcg/daily dose	ICP-MS	PASS
Arsenic	<10 mcg/daily dose	ICP-MS	PASS
Lead	<2.75 mcg/daily dose	ICP-MS	PASS
Mercury	<10 mcg/daily dose	ICP-MS	PASS

Note: Testing is certified under subcontracted laboratory's ISO 17025 accreditation.

Released by:

A handwritten signature in black ink, appearing to read 'Brittan Kellogg'.

QA/QC Department

Date: 01/05/2023